



Know Your Defibrillator

Yorkshire Ambulance Service will be holding an awareness session for Community CPR and Public Access Defibrillators.

The session will help give an insight into:

- What to do if someone suffers cardiac arrest
- How to start CPR
- How to use the defibrillator.



Everyone is invited to attend the session which will last approximately one hour.

This is also a good opportunity to meet your local emergency volunteers:

Boroughbridge Community First Responders

Please come along if you would like to know more about how our Community First Responder group works, what it entails, how it benefits the community and ask any questions you may have about how to join the team.

The session will be held at **Jubilee Rooms, Above the Library, Boroughbridge on Wednesday 21st February 2024 from 7pm to 8.30pm with full demonstration at 7.15pm**

Please contact Julie on 07793 650570 for more information