



Yorkshire Ambulance Service **NHS**
NHS Trust

An Aspirant Foundation Trust

Know Your Defibrillator

Yorkshire Ambulance Service will be holding an awareness session for Community CPR and Public Access Defibrillators.

The session will help give an insight into:

- What to do if someone suffers cardiac arrest
- How to start CPR
- How to use the defibrillator.



Everyone is invited to attend the session which will last approximately one hour.

This is also a good opportunity to meet your local emergency volunteers:

Boroughbridge Community First Responders

Please come along if you would like to know more about how our Community First Responder group works, what it entails, how it benefits the community and ask any questions you may have about how to join the team.

The session will be held at **Jubilee Rooms, Above the Library, Boroughbridge on Saturday 13th January 2024 from 10am to 12 noon with full demonstration at 10.30am**

Please contact Julie on 01423 324708 for more information