

Worried about the cost of living?

If you're struggling to pay for food and other essentials, there are local schemes and organisations in North Yorkshire which may be able to help or point you in the right direction.

You'll find information about emergency financial support, managing debt, benefit entitlement, energy bills and staying connected all in one place at

www.northyorks.gov.uk/NYcostofliving

You can also scan
the QR code.



If you're less confident with technology and not sure who to turn to, you can call our customer service centre on **0300 131 2 131** Monday to Friday from 9:30am to 4:30pm **asking for 'cost of living help'** when prompted.

